

The Strawberry

About the Strawberry...

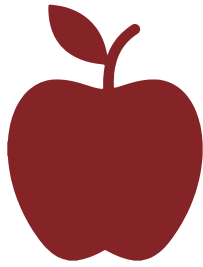
Sassy strawberry-shaped ladies have a figure that's bigger up top than on their bottom half. This shape is attributed to broader shoulders and/or bigger boobs in relation to you waist and hips. Broad shoulders or larger breasts can make you look top-heavy, but there are a few simple ways to soften your shape!

Your Best...

Fuller skirts and wide leg trousers will balance out your body shape beautifully. Don't be afraid of bright color on your bottom half. Choose fashion for a bigger bust like V-necks or wrap tops.

Your Worst...

Shoulder pads and tapering trousers are an absolute no no! Also, steer clear of puff sleeves, epaulettes and halter-necked tops and dresses.



The Apple

About the Apple...

If you're the Apple of someone's eye, then you're pretty proportionate, but tend to carry your weight around your mid-section without a well-defined waist. You may also have fabulous legs and/or boobs, so dressing is all about showing off those best bits and avoiding adding volume around your middle.

Your Best...

Empire line and longer length tops will flatter your figure. Go for lower necklines to draw the eye upwards.

Your Worst...

Short, boxy jackets and pleated or tiered skirts are not your friends. Cast them out now and feel forever better!



The Hourglass

About the Hourglass...

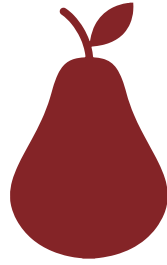
Hourglass girls curvy at the middle, often with a fuller bust and bottom to contrast with the smaller waist. You're blessed with a very sexy shape, so you need to learn not to drown it in clothes that are too baggy! On the flip side, it's also a balance of not choosing too sexy of clothing; unless that is the look you are going for!

Your Best...

Wrap dresses, waist cinching belts and flare or wide-leg jeans will work wonders. Though not necessarily all at once!

Your Worst...

Shapeless, baggy jumpers that will hide your wonderful waist. Unless you add that magic belt of course!



The Pear

About the Pear...

If you are a bottom-heavy beauty and are bigger around the hips, thighs, or bottom than you are up top, you, like the majority of women are a Pear! You've probably also got a fairly flat stomach you lucky thing. Work that womanly figure by adding more shape and structure above the waist.

Your Best...

Balance out your curvy bottom half with bold, bright tops. Or, try out tops with large collars, lapels or sleeves.

Your Worst...

Tube, pencil or fishtail skirts, especially skin-tight pieces, will only emphasize your hips and behind.



The Rectangle

About the Rectangle...

Rectangle ladies are fairly straight in terms of their body shape, but that doesn't always mean that they have a boyish chest to match. Many women would kill for your shape—there is no main area to minimize, so you can get away with wearing more styles than many. However, you may crave more curves—an illusion easily created with the right clothing.

Your Best...

A structured coat that cinches in with a belt will make you look curvier. If you have a small bust, you can get away with trick-to-wear high-necked tops.

Your Worst...

Low-rise jeans and trousers can make your torso look too long. Stay away from sheath dresses and stick to styles with more shape instead.